

Prof. dr hab. Wojciech Gawlik

Opracowanie utworu pod tytułem:

"Pułapki atomowe" w ramach kursu zaawansowanego, organizowanego dniach 31.08 – 25.09.09 będącego kontynuacją szkoleń z zakresu eksploatacji i zarządzania dużą infrastrukturą badawczą organizowanego przez Narodowe Laboratorium Technologii Kwantowych



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NARODOWA STRATEGIA SPÓJNOŚCI

UNIA EUROPEJSKA
EUROPEJSKI FUNDUSZ
ROZWOJU REGIONALNEGO



Projekt współfinansowany ze środków Europejskiego Funduszu Rozwoju Regionalnego w ramach Programu Operacyjnego Innowacyjna Gospodarka

Atom traps – principles & realizations

Wojciech Gawlik



part I



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1. Optical forces

- light pressure, orders of magnitude, comparison with Coulomb forces in ion traps, classical model – spontaneous and dipole forces

2. Deceleration of atomic beams, gas cooling, optical molasses

3. Magneto-optical traps,

- detailed mechanisms (loading, repumping, etc.)

4. Temperature & density limits

- subDoppler cooling

5. Dipole traps

- magnetic and optical, optical lattices (main characteristics, loading, comparison with other traps)

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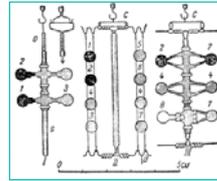
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History

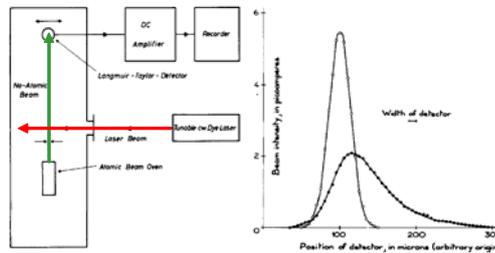
- 1600-1900: Kepler Newton, Maxwell, Lebedev
- Lebedev – light pressure on macroscopic objects



- Einstein (1917) – atomic/molecular gases thermalize in light-field
- Compton (1923) – role of recoil in electron-photon scattering
- Frisch (1933) – first observation of atomic-beam deflection by light

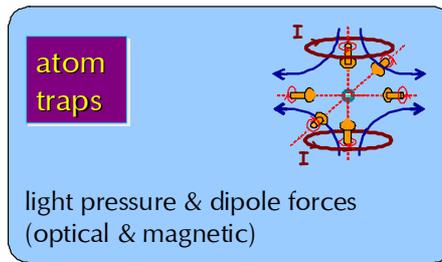
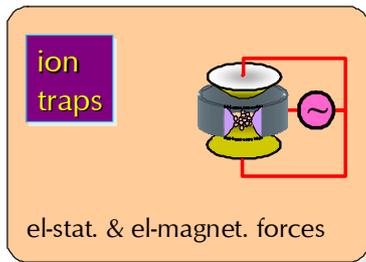
Laser Era:

- Ashkin (1970) – proposed acceleration and trapping of neutral particles
- exp. (1972, 73): Cologne, Orsay – deflection of atomic beams



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Ion traps vs. atom traps



El-stat. forces $\approx 10^7$ x optical forces

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How do we cool atoms?

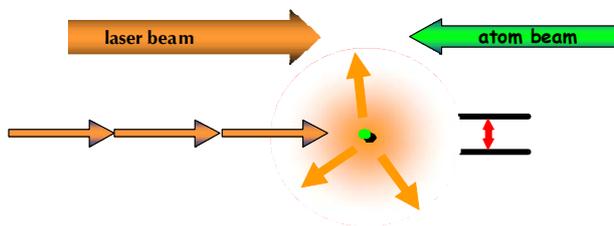
Principles of cooling and trapping of atoms by laser light –

Nobel 1997 →

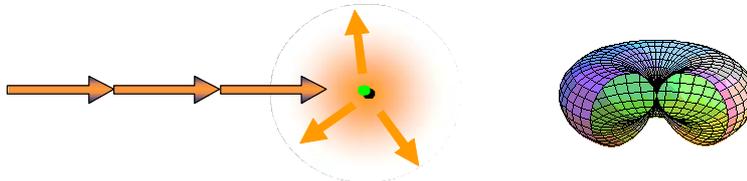


S.Chu, C.Cohen-Tannoudji, W.Phillips

Atomic-beam deceleration by photons:



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$$\Delta \vec{p} = \sum \hbar \vec{k}^{abs} + \sum \hbar \vec{k}^{em} = N \hbar \vec{k}_L + 0$$

$$N = n_e \Gamma$$

$$\langle \vec{F} \rangle = \left\langle \frac{\Delta \vec{p}}{\Delta t} \right\rangle = \hbar \vec{k}_L n_e \Gamma$$

sodium atoms ($M=23$, $\lambda = 590$ nm)
@ $v=600$ m/s

after absorption of 1 photon:
 $\Delta v = \hbar k / M = 3$ cm/s

⇒ 20 000 photons will stop atom
possible @ $I = 6$ mW/cm²

stopping time: 1 ms
stopping distance: 0,5 m
deceleration: 10^6 m/s²

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Optical force – classical model

Atom in EM field – Lorentz model

Forces

1) Coulomb

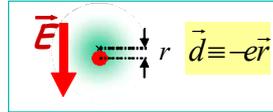
$$\vec{F}_C = \langle e\vec{E}(\vec{r}, t) - e\vec{E}(\vec{r}_0, t) \rangle = \langle \vec{d}\nabla\vec{E} \rangle$$

2) Lorentz

$$\vec{F}_L = \left\langle \frac{\partial}{\partial t} \vec{d} \times \vec{B} \right\rangle = - \left\langle \vec{d} \times \frac{\partial}{\partial t} \vec{B} \right\rangle = \left\langle \vec{d} \times (\nabla \times \vec{E}) \right\rangle = \left\langle \nabla(\vec{d} \cdot \vec{E}) - (\vec{d}\nabla)\vec{E} \right\rangle$$

total:

$$\vec{F} = \vec{F}_C + \vec{F}_L = \left\langle \nabla(\vec{d} \cdot \vec{E}) \right\rangle$$



harmonic

$$\vec{E}(\vec{r}, t) = \frac{1}{\sqrt{2}} [\vec{E}(\vec{r})e^{i\omega t} + \vec{E}^*(\vec{r})e^{-i\omega t}], \quad \vec{d}(\vec{r}, t) = \frac{1}{\sqrt{2}} [\vec{d}(\vec{r})e^{i\omega t} + \vec{d}^*(\vec{r})e^{-i\omega t}]$$

$$\Rightarrow \vec{F} = \langle \nabla(\vec{d} \cdot \vec{E}^*) + \nabla(\vec{d}^* \cdot \vec{E}) \rangle \quad \vec{d} = e_0 \hat{\alpha} \vec{E} \quad \alpha_{kk} \equiv \alpha_k + i\kappa_k$$

$$E = E_0 e^{-i\varphi(x,y,z)}$$

$$\vec{F} = \frac{1}{2} \sum_{k=1}^3 \alpha_k \nabla I_k - \sum_{k=1}^3 \kappa_k I_k \nabla \varphi_k$$

dipole force

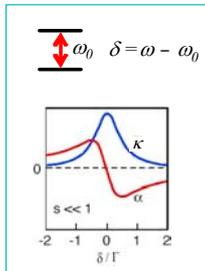
light pressure force
(spontaneous force)

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Quantum model:

$$\vec{d} = e_0 \hat{\alpha} \vec{E}$$

$$\alpha_{kk} \equiv \alpha_k + i\kappa_k$$



$$\alpha \equiv -\frac{|d|^2}{\hbar} \frac{\delta}{\delta^2 + (\Gamma/2)^2 + \frac{\Omega^2}{2}}$$

$$\kappa \equiv \frac{|d|^2}{\hbar} \frac{\Gamma/2}{\delta^2 + (\Gamma/2)^2 + \frac{\Omega^2}{2}}$$

$$\Omega \equiv \frac{\vec{d} \cdot \vec{E}}{\hbar}$$

Spectral/kinematic dependences:

$$F_{sp} = \hbar k \gamma \frac{S(r)}{(\delta - \vec{k} \cdot \vec{v})^2 / (\Gamma/2)^2 + 1 + S(r)}$$

$$F_d = -\frac{\hbar}{2} (\delta - \vec{k} \cdot \vec{v}) \frac{\nabla S(r)}{(\delta - \vec{k} \cdot \vec{v})^2 / (\Gamma/2)^2 + 1 + S(r)}$$

$$S(r) = \frac{2 \Omega^2(r)}{\Gamma^2} = \frac{I(r)}{I_s}$$

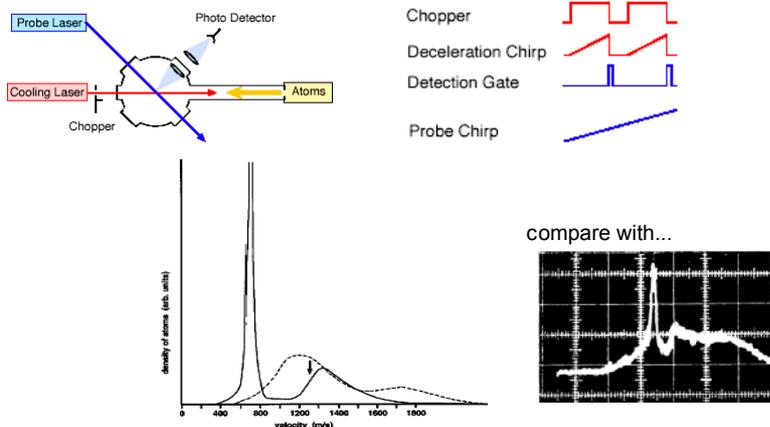
Force depends on light frequency in the moving atom frame

Doppler effect \Rightarrow velocity dependence

- 1) problem with atom-beam cooling
- 2) possibility of atom-movement manipulation

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Laser frequency chirp

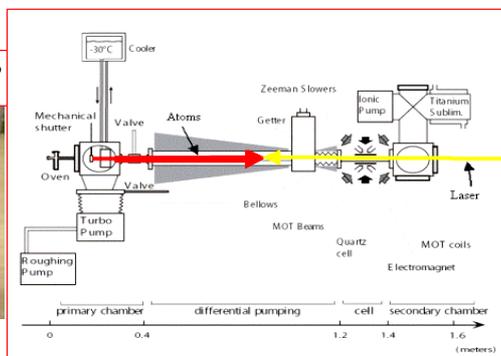
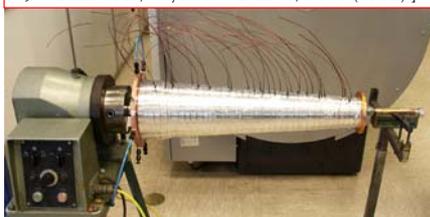


[V. Balykin *et al.* Sov.Phys.JETP **53**, 919 (1981);
W. Ertmer *et al.* Phys. Rev.Lett. **54**, 996 (1985)]

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Zeeman slower

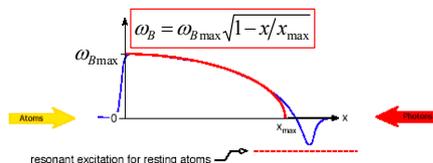
[W. Phillips and H. Metcalf, Phys. Rev. Lett. 48, 596
J. Prodan *et al.*, Phys. Rev. Lett. 49, 1149 (1982)]



Adjustment of the magnetic field

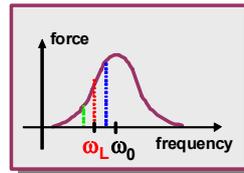
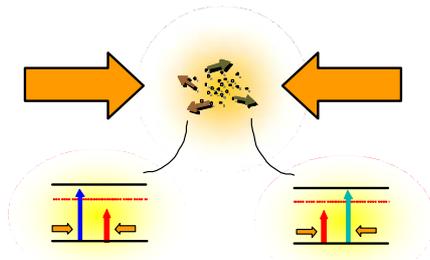
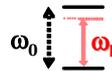
→ choice of max. decelerated velocity $v_{max} \Rightarrow$ max. distance

$$\begin{aligned} x(t) &= v_{max}t - \frac{1}{2}at^2 & \Rightarrow & \quad v(x) = v_{max}\sqrt{1 - x/x_{max}} \\ v(t) &= v_{max} - at & & \quad \max \omega_B = kv_{max} \end{aligned}$$



Atom gas ?

→ two counterpropagating laser beams
(same freq.; $\omega_L < \omega_0$)

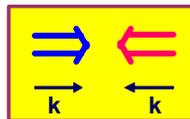
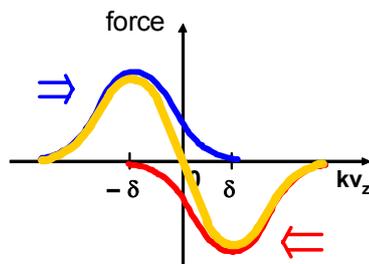


atom „sees” Doppler - shifted frequency

- For $\omega_L < \omega_0$, Doppler eff. tunes atoms to resonance with **counter-propagating** beams – each beam exerts decelerating light-pressure force
- Deceleration = cooling
- Absorbed photons have smaller energy than the reemitted ones
 $\omega_L < \omega_0$ - cooling

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net force – optical molasis



zero force for $v=0$

cooling

$$F \propto -v$$

„viscosity” → OPTICAL MOLASIS

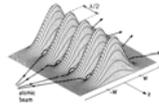
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Trapping

$$\vec{F} = \frac{1}{2} \alpha_x \nabla I - \kappa_x I \nabla \varphi$$

for plane standing wave $F = F_{\text{dipol}}$ periodic dependence $F_{\text{dipol}}(z)$,

for plane running wave $F = F_{\text{spont}}$ - no dependence on z ,
 \Rightarrow trapping impossible!



trapping requires

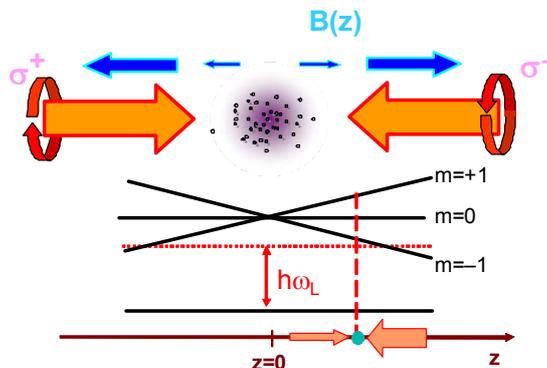
dipole forces
 \rightarrow dipole traps

- spontaneous forces and spatially inhomogenous beams - spatially inhom. saturation
- static magnetic fields for tailoring $\kappa(r) \Rightarrow$ MOT

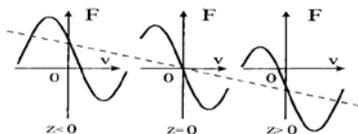
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How to trap cold atomic gas?

[J. Dalibard]



\Rightarrow position-dependent force: $F(z) \propto -z$

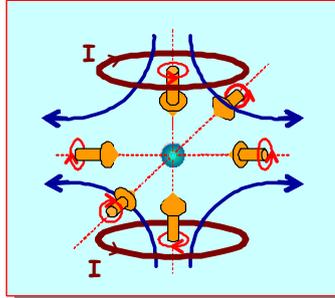
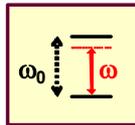


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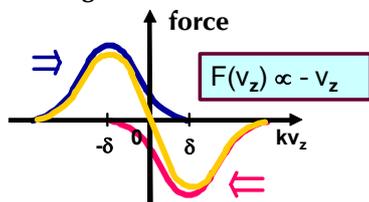
Realization of a MOT in 3D

[S. Chu]

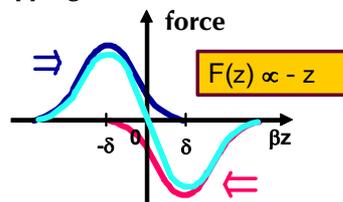


⇒ velocity- and position-dependent force:

Cooling:



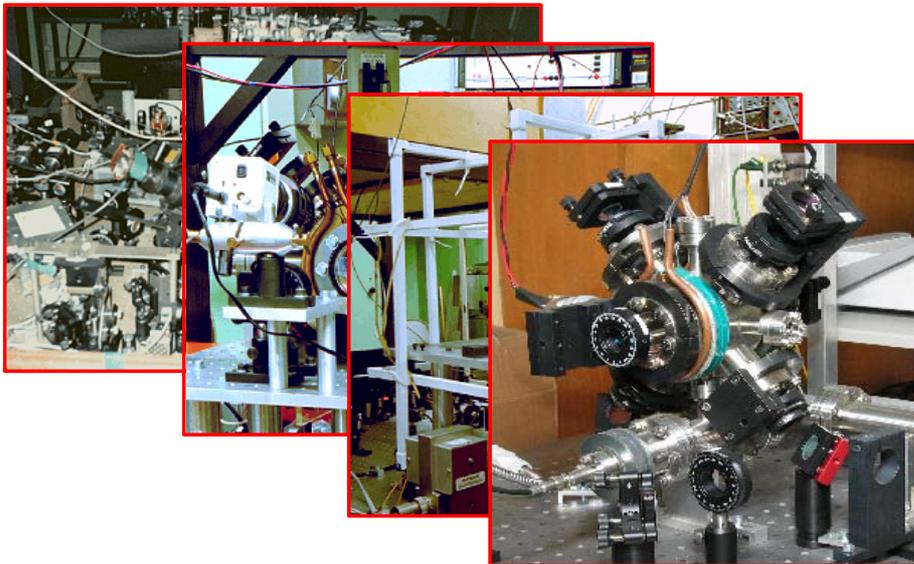
Trapping:



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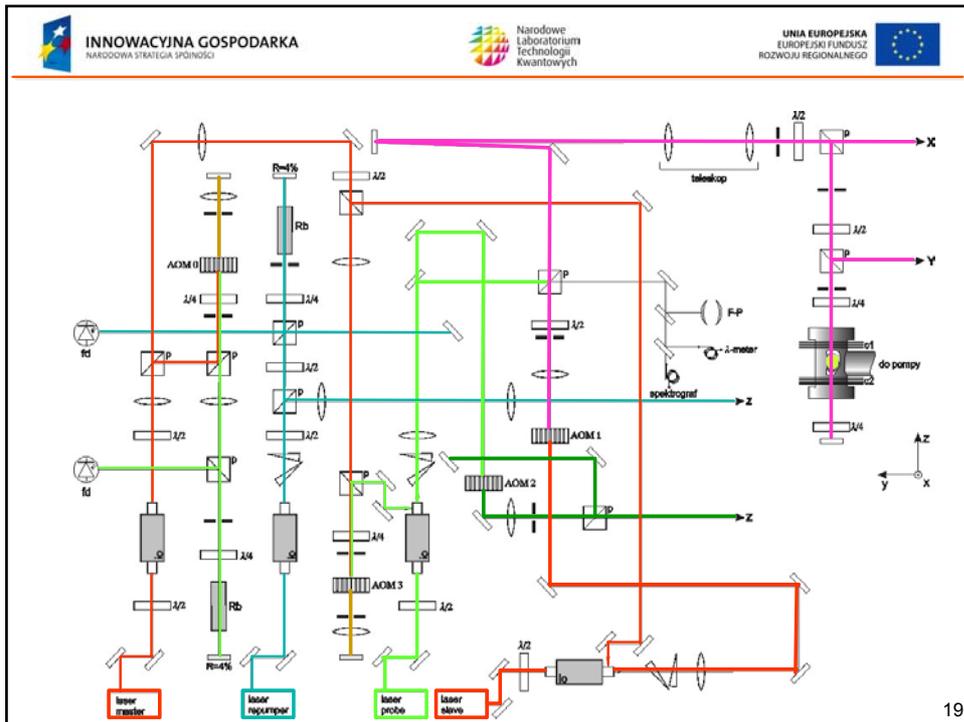


Real traps



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Doppler theory of a MOT

(1D, beam interference neglected)

notation: $\omega_{\pm} = \omega_0 \pm \omega_B(z)$

$$\frac{F}{m} = [n_{+1}(\delta + kv_z + gz) - n_{-1}(\delta - kv_z - gz)] \frac{\hbar k \Gamma}{m} \hat{=} \beta v_z + \omega_T^2 z$$

damping constant/viscosity coefficient

$$\beta = 16\omega_{rec}\Omega^2 \frac{\delta}{(\delta^2 + (\Gamma/2)^2 + \Omega^2/2)^2}$$

$$\omega_{rec} = \frac{\hbar\omega^2}{2mc^2}$$

trap frequency

$$\omega_T^2 = \beta \frac{g}{k} \quad g = \frac{\partial\omega_B}{\partial z}$$

- maximal damping $\beta_{max} \hat{=} -\frac{1}{2}\hbar k^2 @ \Omega = \delta, \delta = \Gamma/2$

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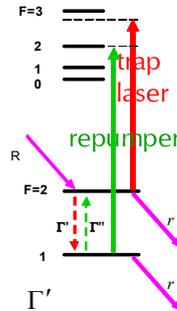
Number of trapped atoms

real atom (e.g. ^{87}Rb) – escapes to other levels (to $F=1$)

$$\begin{aligned} \dot{N}_2 &= R - rN_2 - \Gamma'N_2 + \Gamma''N_1 \\ \dot{N}_1 &= -rN_1 - \Gamma''N_1 + \Gamma'N_2 \end{aligned}$$

R = capture rate
 r = rate of collisions with hot-atom background
 Γ' = depumping rate
 Γ'' = repumping rate

„repumper” necessary



stationary
$$N_2 = R \frac{r + \Gamma''}{r(r + \Gamma' + \Gamma'')} \quad N_1 = N_2 \frac{\Gamma'}{r + \Gamma''}$$

typical values: $\delta_{\text{trap}}(F=2 \leftrightarrow F'=2) \approx 20 \Gamma$
 $\delta_{\text{repump}}(F=1 \leftrightarrow F'=2) = 0$
 $r \approx \text{s}^{-1}$ $\Gamma'' \gg \Gamma' \gg r$

$$\Rightarrow \begin{aligned} \Gamma' &\approx \Gamma / 1600 \\ \Gamma'' &\approx \Gamma / 2 \end{aligned} \quad \text{with } \Omega \approx \Gamma$$

$\Gamma(\text{Rb}) = 2\pi \cdot 6 \text{ MHz}$

typical $R \approx 10^{8-9} \text{ s}^{-1}$ yields $N_2 \approx 10^{8-9}$

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Temperature limitation?

Spontaneous emission \rightarrow 2 mechanisms:

Cooling
$$\left(\frac{\partial}{\partial t}\right)_{\text{fric}} E_{\text{kin}} = \frac{p}{m} \frac{\partial p}{\partial t} = \frac{p}{m} \beta \frac{p}{m} = \frac{2\beta}{m} E_{\text{kin}}$$

Heating:

1) stochastic direction of spont. em. stochastic recoils accelerate atom
 \rightarrow diffusion (Brown movements)

$$\bar{p}_1(t) = \sum_{i=1}^{N=n_e \Gamma t} \hbar \vec{k}_i \Rightarrow \bar{p}_1(t)^2 = \sum_{i,j=1}^{N=n_e \Gamma t} \hbar^2 \vec{k}_i \vec{k}_j = n_e \hbar^2 k^2 \Gamma t$$



2) granular nature of absorption (shot noise) # of abs. acts = $N \pm \Delta N$, $\Delta N = \sqrt{N}$
 different atoms experience different momentum transfers \Rightarrow broadening of velocity distrib.

$$p_2(t) = \hbar k \Delta N = \hbar k \sqrt{N} \Rightarrow p_2(t)^2 = n_e \hbar^2 k^2 \Gamma t$$

total change of kinetic energy after time t:
$$\left(\frac{\partial}{\partial t}\right)_{\text{dif}} E_{\text{kin}} = \frac{D}{m} \quad D \equiv N_{\text{beams}} n_e \hbar^2 k^2 \Gamma$$

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Doppler temperature

equilibrium cooling – heating:

$$\left(\frac{\partial}{\partial t}\right)_{dif} E_{kin} + \left(\frac{\partial}{\partial t}\right)_{fric} E_{kin} = 0 \Rightarrow \bar{E}_{kin} = \frac{D}{2\beta} \Rightarrow$$

$$k_B T = \frac{D}{k} = -\frac{N}{4d} \frac{\delta^2 + \left(\frac{\Gamma}{2}\right)^2 + \left(\frac{\Omega}{2}\right)^2}{|\delta|\Gamma} \hbar \Gamma \approx -\frac{N \hbar \Gamma}{4d} (\delta + \delta^{-1})$$

(d – # of degrees of freedom)

minimum @ $|\delta| = \frac{\Gamma}{2} \sqrt{1 + 2\left(\frac{\Omega}{\Gamma}\right)^2} \Rightarrow k_B T_{min} = \frac{N}{4d} \sqrt{1 + 2\left(\frac{\Omega}{\Gamma}\right)^2} \hbar \Gamma$

for 6 beams, 3 deg. of freedom, with $\Omega \rightarrow 0$: $k_B T_{min} \rightarrow \hbar \frac{\Gamma}{2}$

$$T_D = \frac{\hbar \Gamma}{2k_B}$$

(Na: 240 μ K, Rb: 140 μ K)



the model includes neither light interference & polarization nor real atomic structure

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Atomic density limitation ?

2 limiting regimes of a MOT:

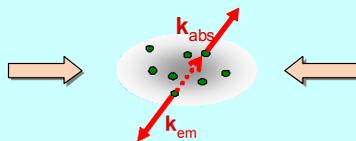
1. Constant volume regime @ small density ρ $\rho = \rho_0 e^{-\frac{m\omega_v^2 r^2}{2k_B T}}$

\Rightarrow atomic cloud radius @ 1/e

$$R_e = \sqrt{\frac{2k_B T}{m\omega_v^2}}$$

- independent on N
- density $\rho_0 \propto N$

when N grows, ρ , \rightarrow radiation trapping



2. Constant density regime

- atomic density = const, independent on N,
- cloud size $R_e \propto N$

$$\rho_{0,max} \approx \frac{k}{I_L \sigma_L (\sigma_R - \sigma_L)}$$

$$\rho_{max} \approx 10^{11-12} \text{ at/cm}^3$$

$$T_d = T (1 + \gamma s n^{2/3} N^{1/3}).$$

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Atom traps – principles & realizations

Wojciech Gawlik



part II

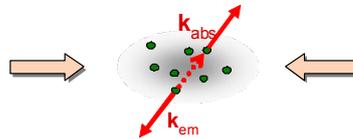


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Part I resume:

- Optical forces
 - a) origin of the optical f.
 - b) dipole f.
 - c) light pressure (spontaneous or Doppler) f.
- Application of spont. f. for deceleration of atomic beams
- Application of spont. f. for cooling and trapping of atomic gas
- MOT realization
 - a) basics
 - b) typical conditions performance
- Limitations of a MOT
 - a) temperature (Doppler temp.)
 - b) density (radiation trapping)



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Examples of a working MOT

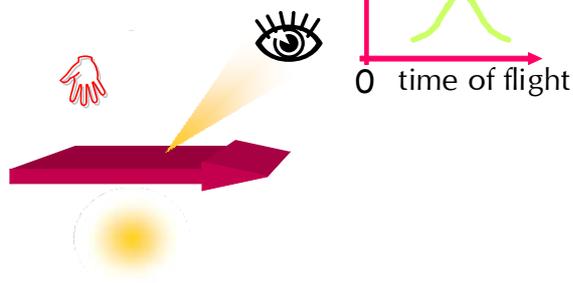


$N \approx 10^6$ atoms of Rb^{85} ,
 $T \approx 100 \mu K$

Temperature measurement

@ $T \approx 0.0001 K$

$v_{atom} \approx 30 \text{ cm/sec}$



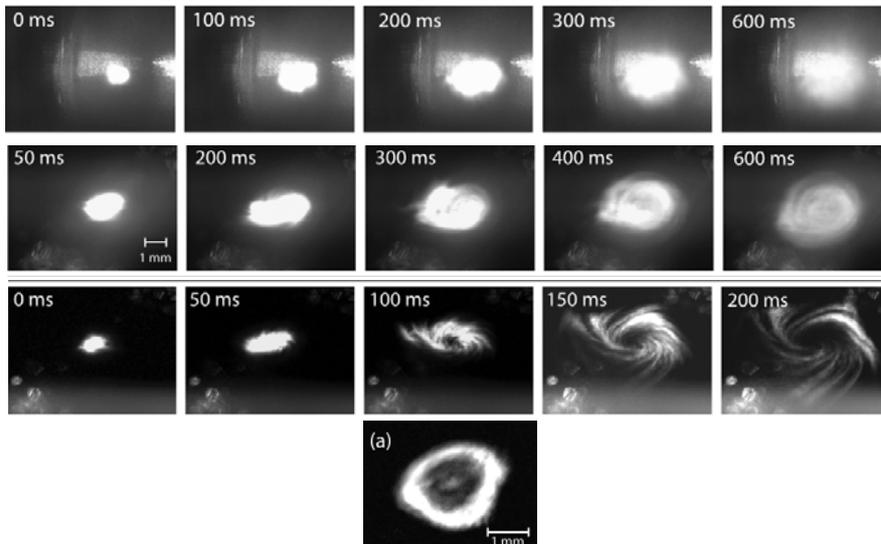
[T. Brzozowski *et al.*

J. of Opt. B (Semiclass. and Quant. Opt.) **4**, 62 (2002)]

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Examples of a cloud dynamics

after switching off the quadrupole magnetic field with slightly misaligned beams



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Example application – our route to BEC

Magneto-optical trapping in MOT1

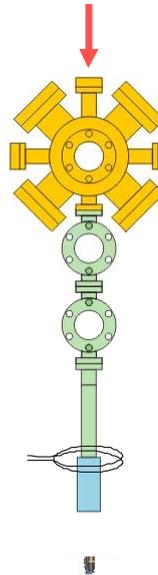
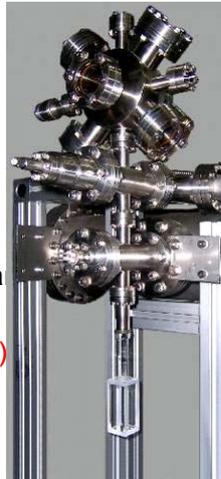
$T \approx 300 \mu\text{K}$, $N \approx 10^8 - 10^9$

Transfer to MT, collection in MOT2

diff. pumping (10^{-9} mbar \rightarrow 10^{-11} mbar)

Magnetic trapping (magnetic dipole trap)

evaporation of the hottest atoms,
collisional thermalization
 $T \approx 100$ nK, $N \approx 10^5 - 10^6$



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Transfer of cold atoms

• why?

upper MOT:
many atoms – vacuum 10^{-9} mbar
lower MOT:
vacuum $< 10^{-11}$ mbar

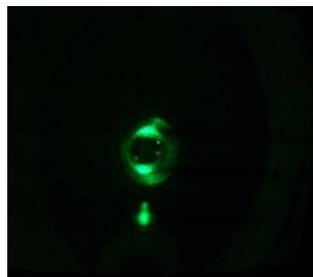
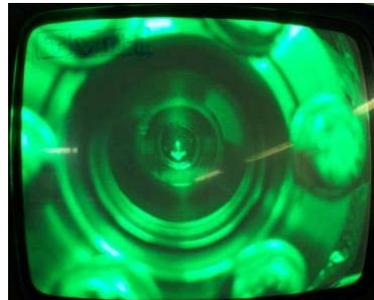
• how?

light pressure force
– pushing beam

• problems?

geometry of differential pumping
(distance $\sim 0,5$ m, capillary ≈ 5 mm, L12 cm)

atoms blown out from the top MOT
are recaptured in the lower one

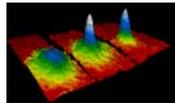


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Diagnostics of cold atoms (in detail Michał Zawada)

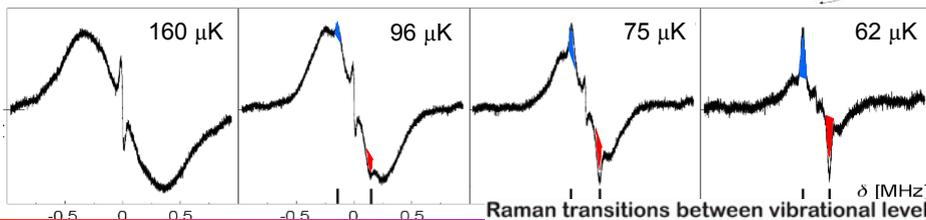
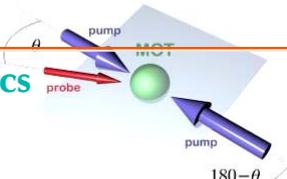
- 1) shape, size of atomic cloud ← **imaging**
 - a) **destructive**
 - b) **non-destructive**
- 2) # of atoms ← fluorescence, absorption
- 3) density ← from 1) & 2)
- 4) temperature
 - time of flight measurement
 - trap oscillations
 - recoil-induced resonances
- 5) momentum distributions ← **spectroscopy**
- 6) local intensity of EM fields ← **spectroscopy**
- 7) dynamics / quantization of oscill. movement in optical lattice ← **spectroscopy**
- 8) diagnostics of cold-molecule formation (photoassociation) ← **spectroscopy**
- 9) diagnostics of quantum matter ← **imaging**



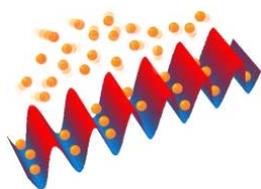
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Examples of spectroscopic diagnostics

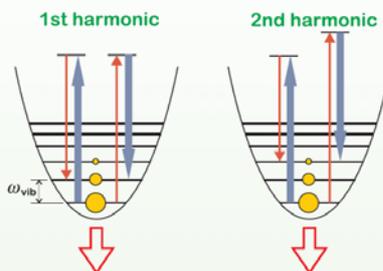
- optical lattices



Raman transitions between vibrational levels



Robust 1D optical
(captures 100 μK and
created by blue-detuned
(160 MHz) retroreflected
pump (300 μW/m²)







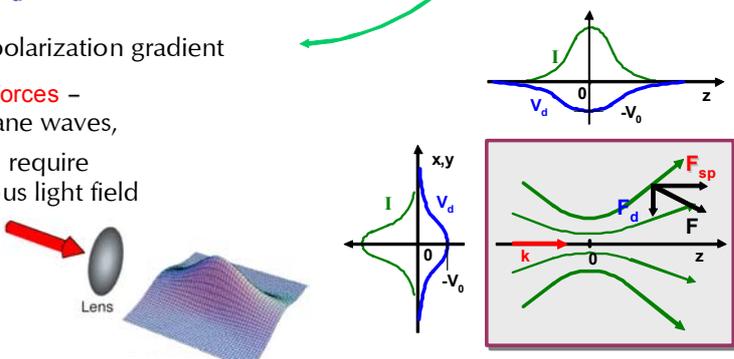
Optical forces:

$$\vec{F} = -\nabla V = -\vec{E} \cdot \vec{D} = \sum \vec{d}_i \cdot \nabla E_i(\vec{r})$$

$$\vec{d} = Tr(\rho_{at} \vec{D}) \quad E(\vec{r}, t) = \mathcal{E}(\vec{r}) \hat{e}(\vec{r}) e^{-i[\omega t - \Phi(\vec{r})]} + C.C.$$

$\nabla \Phi(\vec{r}) \rightarrow \mathbf{F}_{sp}$ – spontaneous, dissipative forces (light pressure)
 $\nabla E(\vec{r}) \rightarrow \mathbf{F}_d$ – dipole, reactive
 $\nabla \hat{e}(\vec{r}) \rightarrow$ polarization gradient

light pressure forces – occur with plane waves,
dipole forces – require inhomogeneous light field



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Dipole forces – classical picture

$\omega < \omega_0$, ($\delta < 0$) – induced atomic dipole moment oscillates in phase with the field
 \Rightarrow atom attracted to the field maximum
 (electrostriction with classical dielectric, $\epsilon > 1$)



$\omega > \omega_0$, ($\delta > 0$) – induced atomic dipole moment lags 180° behind the field
 \Rightarrow atom expelled from the field maximum
 (no analogy to electrostriction – no classical dielectric with $\epsilon < 1$)

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Dipole forces – quantum picture

- atomic energy levels are modified by EM field
- the modifications depend on local field intensity

force = $n_1 \nabla E_1(z) + n_2 \nabla E_2(z) = -\nabla U$

$$U(z) = \frac{\hbar \delta}{2} \ln(1 + S(z))$$

$$S(z) = \frac{1}{2} \frac{\Omega^2}{\delta^2 + (\Gamma/2)^2}$$

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Cooling below Doppler limit (sub-Doppler cooling)

Interpretation:

model atom with $J_g=1/2, J_e=3/2$, 2 beams linearly polarized lin⊥lin, red detuned ($\delta < 0$)

- Interference ? resulting light polarization position-dependent
- Selection rules ⇒
 - state couplings polarization dependent
 - light-shifts polarization dependent
 - opt. pumping polarization dependent
- Spatial correlation between light-shifts & optical pumping; opt. pump. populates most shifted Zeeman sublevels

Sisyphus cooling, polarization gradient cooling

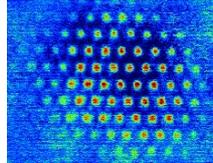
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Recoil limit

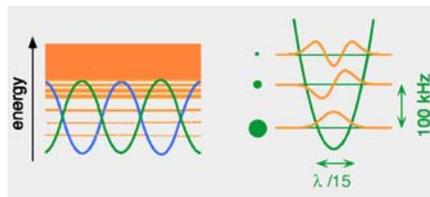
- when U approaches recoil energy, $U \rightarrow E_{rec}$ the model fails, atoms stop and oscillate in potential minima

$$T \rightarrow T_{rec}: k_B T \rightarrow E_{rec}$$

- atoms are ordered in periodic structures – optical lattices



- for deep lattices, atoms trapped at some lowest oscillatory levels



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Nondissipative optical potential – dipole trapping

$$F_{spont} \approx \hbar k \Gamma n_e$$

$$F_{dipol} \approx \hbar k \delta n_e$$

$$\delta \gg \tilde{\Gamma} \Rightarrow n_e \propto \frac{1}{\delta^2} \Rightarrow F_{spont} \approx I / \delta^2$$

$$F_{dipol} \approx I / \delta$$

high intensity I and detuning δ causes large *light shifts* while atomic excitation (and dissipation by spont. emission) is negligible, $n_e \ll 1$

→ atomic trapping possible in nondissipative dipole traps

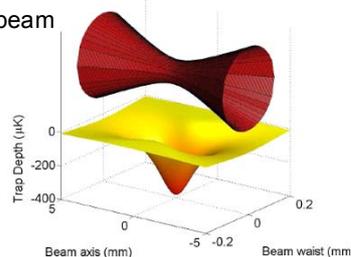
☝ initial sub-Doppler precooling necessary

The simplest trap

– tightly focused, far red detuned ($\delta \ll 0$) laser beam

typical parameters:

- power: some W
- detuning: ~ 100 nm
- focussing: below $100 \mu\text{m}$
- trap depth: $\sim 100 \mu\text{K}$
- scattering constant: 1 s^{-1}



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Real atom – multilevel structure, complicated potentials

Energy level diagram showing two states: Π_1 with energy $E1(z) = \cos\theta |e\rangle + \sin\theta |g\rangle$ and Π_2 with energy $E2(z) = \cos\theta |g\rangle - \sin\theta |e\rangle$. The x-axis is spatial coordinate z and the y-axis is energy.

Plot of energy difference $\Delta E / k_B [K]$ vs wavelength $\lambda [\mu m]$. The y-axis ranges from -0.010 to 0.010, and the x-axis ranges from 1.0 to 10.0. A green solid line represents the ground state, and a red dashed line represents the excited state.

green – ground state of Rb,
broken – excited @ 1W with 22 μm waist

various trap realizations
depending on the trap laser

Three subplots showing trap realizations at different wavelengths: 781nm, 1046nm, and 10.6 μm . Each plot shows energy difference ΔE vs radial coordinate r from $-w_0$ to w_0 . The 781nm plot shows a shallow well, the 1046nm plot shows a deeper well, and the 10.6 μm plot shows a very deep well.

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Loading

Schematic of the loading setup: An Nd:YAG laser beam is directed through a series of lenses and a mirror to a MOT (Magneto-Optical Trap). A 3D surface plot shows the trapping potential. A camera image shows the trapped atom cloud. A series of images shows the loading process. A 2D plot shows the atom distribution.

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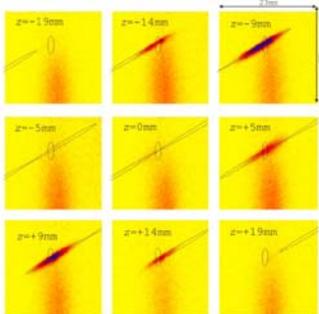
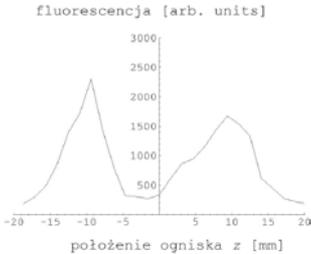
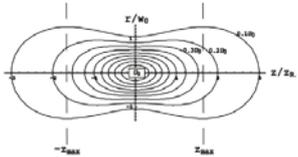

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Loading problems

a) geometry
b) cooling

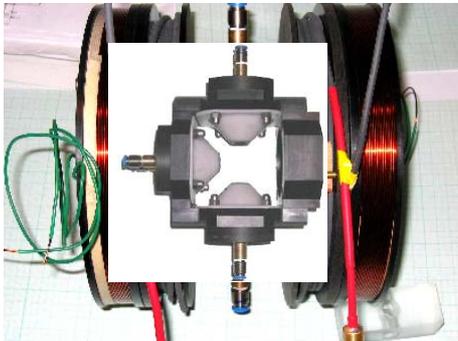
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Magnetic trap



- Heart of the MT- set of conical coils (two → quadrupole field, third = Ioffe coil – Majorana losses!).
- Along axis of the Ioffe coil – two offset coils (Helmholtz).
- Typical current 40A → water cooling

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Magnetic trap

$I_q = 40A, I_j = 40A, I_o = 40A$

$I_q = 40A, I_j = 40A, I_o = 40A, \text{wartosci pola w G}$

40A & offset $B_o = 1,7938 \text{ G}$ yields trap frequencies:
radial $\nu_r = 137 \text{ Hz}$
axial $\nu_a = 12,6 \text{ Hz}$

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RF evaporation

- MT – conservative – no energy dissipation;
- The hottest atoms removed by RF resonance to other magnetic state;

Bad scenario:

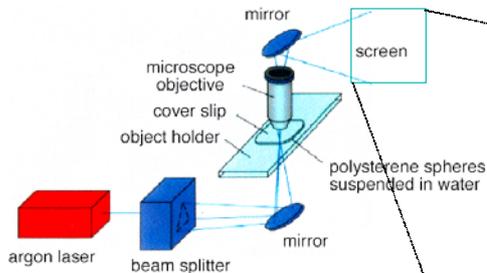
Good scenario:

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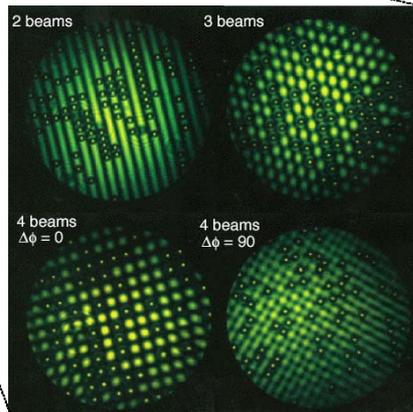
Dipole trapping of classical (macro) objects

4 μm polystyrene beads in water [M. Burns et al., Science **249**, 749 (1990)]



- beads pulled into high-intensity region (interference pattern) (green Ar⁺ laser beam is red-detuned from UV polystyrene absorption line)
- room-temp. (water cooling) sufficient for trapping
- green Ar⁺ laser light visible due to Rayleigh scattering on water molecules

Other important examples – *optical tweezers*



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Dipole traps – resume:

- less efficient than MOTs – need MOT for loading
- no temp. limit – perfect for BEC
- conservative character – extra cooling mechanism necessary
– evaporation!
- optical – insensitive to magnetic states but not trivial evaporation
- magnetic – only specific m-state trapped ($J \neq 0$)

cool down....

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