

1. Własności operacji $[\hat{x}, \hat{p}] = i\hbar$

$$a) [A, BC] = B[A, C] + [A, B]C$$

$$BAC - BCA + ABC - BAC$$

$$(AB, C) = -[C, AB] = -A[C, B] - [C, A]B =$$

$$= A[B, C] + [A, C]B$$

$$b) [x^m, p] = x[x^{m-1}, p] + [x, p]x^{m-1} =$$

$$= x^2[x^{m-2}, p] + x[x, p]x^{m-2} + i\hbar x^{m-1} =$$

$$= i\hbar m x^{m-1}$$

$$c) [x, p^m] = i\hbar m p^{m-1}$$

$$d) [p(x), p] = i\hbar \frac{dp}{dx}$$

• Pochodzi, że $(AB)^\dagger = B^\dagger A^\dagger$

$$e) x^\dagger = x$$

$$\langle \varphi | x^\dagger | \psi \rangle = \langle x \varphi | \psi \rangle = \varphi^* x \psi = \langle \varphi | x | \psi \rangle$$

$$\frac{d^\dagger}{dx} = -\frac{d}{dx}$$

$$f) \langle \varphi | \frac{d^\dagger}{dx} | \psi \rangle = \langle \frac{d}{dx} \varphi | \psi \rangle = \int \frac{d\varphi^*}{dx} \psi dx$$

$$= -\int \varphi^* \frac{d\psi}{dx} dx = \langle \varphi | -\frac{d}{dx} \psi \rangle$$

$$g) p = \int \frac{\hbar}{i} \frac{d}{dx} \quad \text{czy } i\sigma^T \text{ hermitowski}$$

$$h), \quad L_x^\dagger = L_x$$

$$L_x = y \cdot p_z - z \cdot p_y$$

$$L_x^+ = p_z \cdot y - p_y \cdot z = L_x$$

2. Rozwiązanie się stanów w obrębie Heisenberga

$$\dot{\hat{A}}(t) = \frac{i}{\hbar} [H, \hat{A}(t)]$$

$$\hat{A}(t) = e^{\frac{iHt}{\hbar}} \hat{A}(0) e^{-\frac{iHt}{\hbar}}$$

Uwaga: $H(t) = H$

a) Pr. swobodna: $H = \frac{\hat{p}^2}{2m}$

$$\hat{p}(t) = \hat{p}(0)$$

$$\dot{\hat{x}}(t) = \frac{i}{\hbar} \left[\frac{\hat{p}^2}{2m}, \hat{x} \right] = \frac{i}{2\hbar m} [\hat{p}^2, \hat{x}] = \frac{\hat{p}}{m}$$

$$\hat{x}(t) = \hat{x}(0) + \frac{\hat{p}(0)}{m} \cdot t \quad \text{miej } \langle \hat{x}(0) \rangle = 0$$

$\langle \hat{p}(0) \rangle = 0$
 $\langle \hat{x}(t) \rangle = 0$

$$\langle (\hat{x}(t) - \langle \hat{x}(t) \rangle)^2 \rangle = \langle \left(\hat{x}(0) + \frac{\hat{p}(0)}{m} t \right)^2 \rangle$$

$$= \langle \hat{x}(0)^2 \rangle + \frac{\langle \hat{p}(0)^2 \rangle}{m^2} t^2 + \frac{t}{m} \langle \hat{x}\hat{p} + \hat{p}\hat{x} \rangle$$

Pr. Gaussa $\psi(x) = A e^{-\frac{x^2}{4\Delta x^2}}$ $A^2 = \frac{1}{\sqrt{2\pi}\Delta x^2}$

$\langle x^2(0) \rangle = \Delta x^2$ $\langle p(0)^2 \rangle = \frac{\hbar^2}{4\Delta x^2}$

$$\langle \hat{x}\hat{p} \rangle = A^2 \int dx e^{-\frac{x^2}{4\Delta x^2}} x \frac{\hbar}{i} \frac{d}{dx} e^{-\frac{x^2}{4\Delta x^2}} =$$

$$= -\frac{A^2 \hbar}{i} \int dx e^{-\frac{x^2}{2\Delta x^2}} \left(\frac{x^2}{2\Delta x^2} \right) = -\frac{A^2 \hbar}{2i\Delta x^2} \sqrt{\pi} \cdot (2\Delta x^2)^3 = -\frac{A^2 \hbar \sqrt{\pi} (2\Delta x^2)^3}{2i\Delta x^2} = -\frac{\hbar}{i}$$

$$\langle x | p \rangle + \langle p | x \rangle = 0$$

$$\langle p | x \rangle = A^2 \frac{1}{i} \int e^{-\frac{x^2}{4\Delta x^2}} \frac{d}{dx} (x e^{-\frac{x^2}{4\Delta x^2}}) = A^2 \frac{1}{i} \int e^{-\frac{x^2}{2\Delta x^2}} dx$$

Gayby b7y kowdziej to moficoby byc
kurczeni si p. w. l. c. l. e.

$$= \Delta x^2 x(t) + \frac{\hbar^2 + l}{4m^2(\Delta x)} \quad \text{to co w} \\ \text{obrazie schwingen}$$

Moimoz toz przez BC H

$$\hat{x}(t) = e^{i \frac{p^2 t}{2m}} \hat{x} e^{-i \frac{p^2 t}{2m}}$$

$$\begin{cases} e^A B e^{-A} = B + [A, B] + \frac{1}{2!} [A, [A, B]] + \dots \\ \text{pomy ok. r. j. i} \quad e^{A+B} = e^A e^B e^{-\frac{1}{2}[A, B]} \end{cases}$$

b) Potencjal liniowy $H = \frac{p^2}{2m} - mgx$

$$\dot{\hat{x}}(t) = \frac{i}{\hbar} \left[\frac{p^2}{2m} - mgx, \hat{x} \right] = \frac{\hat{p}(t)}{m}$$

$$\dot{\hat{p}}(t) = \frac{i}{\hbar} \left[-mgx, \hat{p} \right] = mg$$

$$\hat{p}(t) = \hat{p}(0) + mgt$$

$$\dot{\hat{x}}(t) = \frac{\hat{p}(0)}{m} + gt \quad \hat{x}(t) = \hat{x}(0) + \frac{\hat{p}(0)t}{m} + \frac{gt^2}{2}$$

Wlony p. w. l. c. l. e. $\psi(x) = A e^{-\frac{x^2}{2\Delta x^2}}$

$$\langle \hat{x}(t) \rangle = \frac{gt^2}{2}$$

$$\langle \hat{x}(t) \rangle = \frac{gt}{2}$$

$$\langle (\hat{x}(t) - \langle x \rangle)^2 \rangle = \left\langle \hat{x}(0)^2 + \frac{\hat{p}(0)^2}{m^2} + \frac{\hat{x}(0)\hat{p}(0)}{m} + \frac{\hat{p}(0)\hat{x}(0)}{m} \right\rangle$$

$$= \Delta x^2(0) + \frac{\hbar^2}{4m^2 \Delta x^2} \quad \text{tut same jak w tym swobodna}$$

Jak to by trzeba robić w obrotach Schrödingera...

c) Oscylator Harmoniczny

$$H = \frac{p^2}{2m} + \frac{1}{2}m\omega^2 x^2$$

$$\begin{cases} \dot{\hat{x}} = \frac{\hat{p}}{m} \\ \dot{\hat{p}} = -m\omega^2 \hat{x} \end{cases}$$

$$\begin{cases} \ddot{\hat{x}} = -\omega^2 \hat{x} \\ \ddot{\hat{p}} = -\omega^2 \hat{p} \end{cases} \quad \left\{ \begin{array}{l} \hat{x}(t) = \cos \omega t (\hat{x}(0)) + \sin \omega t \left(\frac{\hat{p}(0)}{m\omega} \right) \\ \hat{p}(t) = \cos \omega t (\hat{p}(0)) - \sin \omega t (\hat{x}(0) m\omega) \end{array} \right.$$

Wzrost Gaussa $\psi(x) = A e^{-\frac{x^2}{2\sigma^2}}$

$$\begin{aligned} \Delta x^2(t) &= \cos^2 \omega t \Delta x^2(0) + \sin^2 \omega t \frac{1}{m^2 \omega^2} \Delta p^2(0) = \\ &= \Delta x^2(0) \cdot \left(\cos^2 \omega t + \sin^2 \omega t \frac{\hbar^2}{4m^2 \omega^2 \Delta x^2(0)} \right) \end{aligned}$$

Jeli $\Delta x^2(0) = \frac{\hbar^2}{2m\omega}$ to $\Delta x^2(t) = \Delta x^2(0)$

$$\Delta p^2(t) = \frac{\hbar^2}{4\hbar} 2m\omega = \frac{\hbar^2 m\omega}{2} = \Delta p^2(0)$$

Taka Gauss nie zmienia się w czasie

Tobin Gauss nie zmienia się w czasie

Zmieniłoby stan w tym cyklu (stan przestany)

$$E = \frac{hw}{\gamma} + \frac{hw}{\gamma} = \frac{hw}{2}$$