## On the use of evolutionary methods in metric theories of gravity III.

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## The main message and the program for today:

## The main message:

some of the arguments and techniques developed originally and applied so far exclusively only in the Lorentzian case do also apply to Riemannian spaces

## The program for today:

- Kinematical background: $\left(M, g_{a b}\right)$
- notations and conventions
- the ambient space ( $M, g_{a b}$ ) with no use of field equations
- embedded codimension-one surfaces
- the basic tools are $n+1$ decompositions
- the decomposition of the ambient space Riemann tensor
- the decomposition of the ambient space Ricci tensor
- foliations of the ambient manifold by codimension-one surfaces
- another alternative decomposition of $\nabla_{a} n_{b}$
- some fundamental relations

The main areas where $3+1$ decompositions had been used:


- initial value problem

Darmois (1923) [ $N=1, N^{a}=0$, Gaussian normal system], Lichnerowicz (1939) [ $N^{a}=0$, a bit more flexible], Choque-Bruhat (1952) [the generic one], $\ldots$

- Hamiltonian formalism

Dirac (1959), Arnowitt-Deser-Misner (ADM), Wheeler (1960-1970), Moncrief (1975),...

## Notations and conventions:

## The generic setup:

The considered spaces: $\left(M, g_{a b}\right)$

- $M:(n+1)$-dimensional, smooth, paracompact, connected, orientable manifold
- $g_{a b}$ : smooth, Lorentzian $(-,+,+,+)$ or Riemannian $(+,+,+,+)$ metric

The abstract index notation

- A tensor of type $(k, l)$ will be denoted by a letter followed by $k$ contravariant and $l$ covariant, lower case Latin indices: $T^{a_{1} \ldots a_{k}}{ }_{b_{1} \ldots b_{l}}$
- Components relevant for particular choices of dual basis fields $\left\{\mathrm{v}_{\nu}\right\} \subset \mathcal{T},\left\{\mathrm{v}^{* \nu}\right\} \subset \mathcal{T}^{*}$ will be indicated by using lower case Greek indices: $T^{\mu_{1} \ldots \mu_{k}}{ }_{\nu_{1} \ldots \nu_{l}}$
- isomorphism between $\mathcal{T}$ and $\mathcal{T}^{*}$ provided by the metric:
$v^{a}=g^{a b} v_{b} \ldots$


## Notation I.:

## Curvature:

- The unique torsion free metric compatible covariant derivative operator $\nabla_{a}$

$$
\nabla_{a} g_{b c}=0
$$

- the action of the commutator can be expressed in terms of a tensor field $R_{a b c}{ }^{d}$ such that for an arbitrary form field $\omega_{a}$

$$
\begin{gathered}
\left(\nabla_{a} \nabla_{b}-\nabla_{b} \nabla_{a}\right) \omega_{c}=R_{a b c}^{d} \omega_{d} \\
\left(\nabla_{a} \nabla_{b}-\nabla_{b} \nabla_{a}\right) T^{c_{1} \ldots c_{k}} d_{d_{1} \ldots d_{l}}=-\sum_{i=1}^{k} R_{a b e^{c_{i}} T^{c_{1} \ldots e^{i}} c_{k}}^{d_{1} \ldots d_{l}+} \\
+\sum_{j=1}^{l} R_{a b d_{j}}^{e} T^{c_{1} \ldots c_{k}}{ }_{d_{1} \ldots e^{j} \ldots d_{l}}^{j}
\end{gathered}
$$

## Key properties of the Riemann tensor:

If $\nabla_{a}$ is a torsion free covariant derivative operator and $R_{a b c}{ }^{d}$ its curvature
(1) $R_{a b c}{ }^{d}=-R_{b a c}{ }^{d}$,
(2) $R_{[a b c]}{ }^{d}=0$,
(3) $R_{a b c d}=-R_{a b d c}$ (if $\nabla_{a}$ metric compatible),
(4) $\nabla_{[a} R_{b c] d}{ }^{e}=0 \quad$ [Bianchi-identity] $\quad\left(\nabla_{a} R_{b c d}{ }^{e}+\nabla_{c} R_{a b d}{ }^{e}+\nabla_{b} R_{c a d}{ }^{e}=0\right)$.

Ricci tensor, scalar curvature, Einstein tensor:

- ! $R_{a b c}{ }^{d}$ : curvature of a metric compatible $\nabla_{a}$

$$
\text { (1) and (3) } \Rightarrow R_{a}{ }^{a}{ }_{c}^{d}=R_{a b e}=0 \text { BUT } R_{a b} a d \text { and } R_{a b c}{ }^{b} \text { in general not } \Rightarrow
$$

- Ricci tensor:

$$
\begin{gathered}
R_{a b}=R_{a e b}{ }^{e} \\
{\text { symmetric }{ }_{R_{a b}}=R_{a e b}{ }^{e}=R_{e a}{ }^{e}{ }_{b}=R_{e b}{ }^{e}{ }_{a}=R_{b a}}^{\text {and }}
\end{gathered}
$$

- scalar curvature:

$$
R=R_{a b} g^{a b}=R_{a}{ }^{a}
$$

- Einstein tensor:

$$
G_{a b}=R_{a b}-\frac{1}{2} g_{a b} R, \quad\left(\nabla^{a} G_{a b}=0\right)
$$

## Embeddings of codimension-one surfaces:

smooth codimension-one surface

submanifold in an ambient space $\left(M, g_{a b}\right)$
$\varphi$
$\varphi$ is an embedding if $\varphi: \Sigma \rightarrow \varphi[\Sigma]$ is a homeomorphism

- self-intersection of $\varphi[\Sigma]$ is not allowed
- there exist linear maps $\varphi_{*}: \mathcal{T}(p) \rightarrow \mathcal{T}(\varphi(p))$ and $\varphi^{*}: \mathcal{T}^{*}(\varphi(p)) \rightarrow \mathcal{T}^{*}(p)$ relating the tangent and cotangent spaces of points $p \in \Sigma$ and $\varphi(p) \in M$, respectively
- these can be extended to $(k, 0)$ and $(0, l)$ type tensors but, as $\varphi[\Sigma] \subset M$ is a codimension-one surface in $M$ (a proper one-dimension lower subset of $M$ ), there is no $\varphi *$ that could relate arbitrary $(k, l)$ type tensors


## Morse function:

- there exist a smooth function $\sigma: \mathscr{O}[\subset M] \rightarrow \mathbb{R}$ on a neighborhood $\mathscr{O}$ of $\varphi[\Sigma]$ such that $\partial_{\alpha} \sigma \neq 0$ (almost everywhere)

$$
\varphi[\Sigma]=\{p \in M \mid \sigma(p)=\text { const }\}
$$

- in mathematician's sayings: $\sigma: \mathscr{O}[\subset M] \rightarrow \mathbb{R}$ is usually assumed to be a Morse function such that it has only non-degenerate and isolated critical points
- a point is critical point is where $\partial_{\alpha} \sigma=0$
- the critical point is non-degenerate if the Hessian of the map, i.e. the matrix $\partial_{\alpha} \partial_{\beta} \sigma$ is non-singular; the index of a critical point is the number of the negative eigenvalues
- in physicist's sayings: only regular origins may occur; only positive eigenvalues of the Hessian are allowed or, in other words, there exists a well defined tangent space there


## The $n+1$ decomposition:

## The unit normals

- there exist a smooth function $\sigma: \mathscr{O}[\subset M] \rightarrow \mathbb{R}$ with non-vanishing gradient $\partial_{a} \sigma$ such that $\varphi[\Sigma]$-from now on (by standard abuse of notation) we denote it by $\Sigma$-is represented by a $\sigma=$ const level surface
- $n_{a} \sim \partial_{a} \sigma \ldots \& \ldots g^{a b} \longrightarrow n^{a}=g^{a b} n_{b}$

- $n^{a}$ the 'unit norm' vector field that is normal to $\Sigma$

$$
n^{a} n_{a}=\left.\epsilon \quad n_{a}\right|_{\mathscr{O}}=\left(\epsilon g^{e f} \partial_{e} \sigma \partial_{f} \sigma\right)^{-\frac{1}{2}}\left(\partial_{a} \sigma\right)
$$

- the sign is not fixed: $\epsilon$ takes the value -1 or +1 for Lorentzian or Riemannian metric $g_{a b}$, respectively.


## Projections:

The projection operator:

- the projection operator

$$
h_{a}{ }^{b}=\delta_{a}{ }^{b}-\epsilon n_{a} n^{b} \quad \text { with } \quad h_{a}{ }^{e} h_{e}{ }^{b}=h_{a}{ }^{b}
$$

to the $\sigma=$ const level surface

- the metric induced on the $\sigma=$ const level surface

$$
h_{a b}=h_{a}{ }^{e} h_{b}{ }^{f} g_{e f}=g_{a b}-\epsilon n_{a} n_{b}
$$

- the covariant derivative operator $D_{a}$ associated with $h_{a b}: \forall \omega_{b}$ on $\Sigma$

$$
\begin{gathered}
D_{a} \omega_{b}:=h_{a}{ }^{d} h_{b}{ }^{e} \nabla_{d} \omega_{e} \\
D_{a} h_{b c}=h_{a}{ }^{d} h_{b}{ }^{e} h_{c}{ }^{f} \nabla_{d}\left(g_{e f}-\epsilon n_{e} n_{f}\right)=0
\end{gathered}
$$

- the curvature of $D_{a}$ is internal w.r.t. $\Sigma$ as it is determined by $h_{a b}$


## Decompositions of $\nabla_{a} n_{b}$ using $\delta_{a}{ }^{b}=h_{a}{ }^{b}+\epsilon n_{a} n^{b}$

## The acceleration and the "extrinsic curvature":

## - a trivial decomposition

$$
\begin{aligned}
\nabla_{a} n_{b} & =\delta_{a}{ }^{e} \delta_{b}{ }^{f} \nabla_{e} n_{f}=\left(h_{a}^{e}+\epsilon n_{a} n^{e}\right)\left(h_{b}{ }^{f}+\epsilon n_{b} n^{f}\right) \nabla_{e} n_{f} \\
& =\left(h_{a}{ }^{e} h_{b}{ }^{f} \nabla_{e} n_{f}\right)+\epsilon\left(h_{a}{ }^{e} n_{b} n^{f}+h_{b}{ }^{f} n_{a} n^{e}\right)\left(\nabla_{e} n_{f}\right)+n_{a} n^{e} n_{b} n^{f}\left(\nabla_{e} n_{f}\right)
\end{aligned}
$$

- with $n^{f} \nabla_{e} n_{f}=\frac{1}{2} \nabla_{e}\left(n^{f} n_{f}\right)=0$
- the acceleration $\quad \dot{n}_{b}:=n^{e} \nabla_{e} n_{b}=h_{b}{ }^{f}\left(n^{e} \nabla_{e} n_{f}\right) \quad$ is tangential to $\Sigma$
- the extrinsic curvature on $\Sigma \quad K_{a b}=h^{e}{ }_{a} h^{f}{ }_{b} \nabla_{e} n_{f}=h^{e}{ }_{a} \nabla_{e} n_{b}$

1) $K_{a b}$ is symmetric as $\nabla_{e} n_{f}=\nabla_{(e} n_{f)}+\nabla_{[e} n_{f]}=\nabla_{(e} n_{f)}+n_{[e} X_{f]}$
in the last step the Frobenius theorem was applied to the hypersurface orthogonal $n^{a}$, i.e. there exists a form field $X_{a}$ such that $\nabla_{[e} n_{f]}=n_{[e} X_{f]}$
2) $K_{a b}=h_{a}{ }^{e} h_{b}{ }^{f} \nabla_{(e} n_{f)}=\frac{1}{2} h_{a}{ }^{e} h_{b}{ }^{f} \mathscr{L}_{n} g_{e f}=\frac{1}{2} h_{a}{ }^{e} h_{b}{ }^{f} \mathscr{L}_{n} h_{e f}=\frac{1}{2} \mathscr{L}_{n} h_{a b}$

- the foregoings also imply

$$
\nabla_{a} n_{b}=\left(h_{a}{ }^{e} h_{b}{ }^{f} \nabla_{e} n_{f}\right)+\epsilon n_{a} h_{b}{ }^{f} n^{e}\left(\nabla_{e} n_{f}\right)=K_{a b}+\epsilon n_{a} \dot{n}_{b}
$$

## The relations between the two Riemann tensors:

## The Gauss relation:

## Examples: $h_{a}{ }^{b}=\delta_{a}{ }^{b}-\epsilon n_{a} n^{b}$

- the only non-vanishing projections:

$$
h_{a}{ }^{f} h_{b}{ }^{g} h_{c}{ }^{k} h_{j}{ }^{e} R_{f g{ }^{j}}{ }^{j}
$$

$$
\begin{aligned}
& h_{a}{ }^{f} h_{b}{ }^{g} h_{j}^{e} n^{k} R_{f g k}{ }^{j}, h_{b}{ }^{f} h_{e}{ }^{d} n^{a} n^{c} R_{a f c}{ }^{e} \cong n^{a} n^{c} R_{a b c}{ }^{d} \\
& h_{h^{d}} h_{b}{ }^{f} \nabla_{d} h_{f}{ }^{e}=h_{a}{ }^{d} h_{b}{ }^{f} \nabla_{d}\left(g_{f}^{e}-\epsilon n_{f} n^{e}\right)=-\epsilon K_{a b} n^{e}
\end{aligned}
$$

$$
h_{a}{ }^{d} n^{e} \nabla_{d} \omega_{e}=\underline{h}_{a}{ }^{d} \nabla_{d}\left(n^{e} \omega_{e}\right)-\left[h_{a}{ }^{d} \nabla_{d} n^{e}\right] \omega_{e}=-K_{a}{ }^{e} \omega_{e} \quad\left(\forall \omega_{e} \in \mathcal{T}^{*} \Sigma\right)
$$

now we are prepared to relate the curvatures of $\nabla_{a}$ and $D_{a} \quad\left(\forall \omega_{e} \in \mathcal{T}^{*} \Sigma\right)$

$$
\begin{aligned}
D_{a} D_{b} \omega_{c} & =D_{a}\left(h_{b}{ }^{d}{h_{c}}^{e} \nabla_{d} \omega_{e}\right)=h_{a}{ }^{f} h_{b}{ }^{g} h_{c}{ }^{k} \nabla_{f}\left(h_{g}{ }^{d} h_{k}{ }^{e} \nabla_{d} \omega_{e}\right) \\
& =h_{a}{ }^{f}{h_{b}}^{d}{h_{c}}^{e} \nabla_{f} \nabla_{d} \omega_{e}-\epsilon h_{c}{ }^{e} K_{a b} n^{d} \nabla_{d} \omega_{e}-\epsilon h_{b}{ }^{d} K_{a c} n^{e} \nabla_{d} \omega_{e} \\
& ={h_{a}}^{f} h_{b}{ }^{d}{h_{c}}^{e} \nabla_{f} \nabla_{d} \omega_{e}-\epsilon h_{c}{ }^{e} K_{a b} n^{d} \nabla_{d} \omega_{e}+\epsilon K_{a c} K_{b}{ }^{e} \omega_{e}
\end{aligned}
$$

by which, as $\omega_{a}$ is arbitrary, we get the Gauss relation:

$$
{ }^{(n)} R_{a b c}{ }^{e}=h_{a}{ }^{f} h_{b}{ }^{g} h_{c}{ }^{k} h_{j}^{e} R_{f g k}^{j}+\epsilon\left[K_{a c} K_{b}^{e}-K_{b c} K_{a}^{e}\right]
$$

## The Codazzi relation:

## Examples: $h_{a}{ }^{b}=\delta_{a}{ }^{b}-\epsilon n_{a} n^{b}$

- similarly, by definition $\left(\nabla_{a} \nabla_{b}-\nabla_{b} \nabla_{a}\right) n^{d}=-R_{a b c}{ }^{d} n^{c}$
$\Rightarrow$ in determining the contraction
$R_{a b c}{ }^{d} n^{c} h_{e}{ }^{a} h_{f}{ }^{b} h_{d}{ }^{g}$ we need to evaluate $h_{e}{ }^{a} h_{f}{ }^{b} h_{d}{ }^{g}\left(\nabla_{a} \nabla_{b} n^{d}\right)$
- which, by $\nabla_{a} n^{b}=\delta_{a}{ }^{e} \nabla_{e} n^{b}=\left(h_{a}{ }^{e}+\epsilon n_{a} n^{e}\right) \nabla_{e} n^{b}=K_{a}{ }^{b}+\epsilon n_{a} \dot{n}^{b}$,

$$
\begin{aligned}
h_{e}{ }^{a} h_{f}{ }^{b} h_{d}{ }^{k}\left(\nabla_{a} \nabla_{b} n^{d}\right) & =h_{e}{ }^{a} h_{f}{ }^{b} h_{d}{ }^{k}\left(\nabla_{a}\left[K_{b}^{d}+\epsilon n_{b} \dot{n}^{d}\right]\right) \\
& =h_{e}^{a} h_{f}^{b} h_{d}^{k}\left(\nabla_{a} K_{b}^{d}\right)+\epsilon h_{e}^{a} h_{f}^{b}\left(\nabla_{a} n_{b}\right) \dot{n}^{d} \\
& =D_{e} K_{f}^{k}+\epsilon K_{e f} \dot{n}^{k}
\end{aligned}
$$

from which we get the Codazzi relation as:

$$
h_{e}{ }^{a} h_{f}{ }^{b} h_{d}{ }^{k} n^{c} R_{a b c}{ }^{d}=-2 D_{[e} K_{f]}{ }^{k}
$$

contracting in $f, g$ and using the symmetry of the Riemann tensor we get

$$
h_{e}{ }^{a} n^{c} R_{a c}=D_{h} K_{e}^{h}-D_{e} K_{h}^{h}
$$

## The $3^{r d}$ relation: $\quad h_{b}{ }^{e} h_{f}{ }^{d} n^{a} n^{c} R_{\text {aec }}{ }^{f}$

## Requires derivatives non-tangential to a single hypersurface: foliations are needed

- Assume: $M$ is foliated by a one-parameter family of homologous hypersurfaces, i.e. $M \simeq \mathbb{R} \times \Sigma$, for some $n$-dimensional manifold $\Sigma$.
- known to hold for globally hyperbolic spacetimes (Lorentzian case)
- equivalent to the existence of a smooth function $\sigma: M \rightarrow \mathbb{R}$ with non-vanishing gradient $\nabla_{a} \sigma$ such that the $\sigma=$ const level surfaces $\Sigma_{\sigma}=\{\sigma\} \times \Sigma$ comprise the one-parameter foliation of $M$.
- $\quad n_{a} \sim \nabla_{a} \sigma \ldots \& \ldots g^{a b} \longrightarrow n^{a}=g^{a b} n_{b}$



## $\sigma^{a}$ is "time evolution vector field" if:

- the integral curves of $\sigma^{a}$ meet the $\sigma=$ const level surfaces precisely once
- $\sigma^{e} \nabla_{e} \sigma=1$

$$
\sigma^{a}=\sigma_{\perp}^{a}+\sigma_{\|}^{a}=N n^{a}+N^{a}
$$



- where $N$ and $N^{a}$ denotes the lapse and shift of $\sigma^{a}$ :

$$
N=\epsilon\left(\sigma^{e} n_{e}\right) \quad \text { and } \quad N^{a}=h_{e}^{a} \sigma^{e}
$$

## The $3^{r d}$ relation: $h_{b}{ }^{e} h_{f}{ }^{d} n^{a} n^{c} R_{a e c}{ }^{f} \cong n^{a} n^{c} R_{a b c}{ }^{d}$

## Examples: $h_{a}{ }^{b}=\delta_{a}{ }^{b}-\epsilon n_{a} n^{b}$

- we need some lemmas:

Lemma 1: $\quad n^{e} \nabla_{e} n_{a}=-\epsilon D_{a}(\ln N)$

$$
\sigma^{e} \nabla_{e} \sigma=1 \& \sigma^{a}=N n^{a}+N^{a} \Rightarrow N n^{e} \nabla_{e} \sigma=1 \Rightarrow n_{a}=\epsilon N \nabla_{a} \sigma \Rightarrow
$$

$$
\begin{aligned}
n^{e} \nabla_{e} n_{a} & =n^{e} \nabla_{e}\left(\epsilon N \nabla_{a} \sigma\right)=\epsilon\left[\left(n^{e} \nabla_{e} N\right)\left(\epsilon N^{-1} n_{a}\right)+N n^{e}\left(\nabla_{a} \nabla_{e} \sigma\right)\right] \\
& =\epsilon\left[\epsilon n_{a} n^{e} \nabla_{e}(\ln N)+N\left\{\nabla_{a}\left(n^{e} \nabla_{e} \sigma\right)-\left(\nabla_{a} n^{e}\right)\left(n_{e} \epsilon N^{-1}\right)\right\}\right] \\
& =\epsilon\left[-\nabla_{a}(\ln N)+\epsilon n_{a} n^{e} \nabla_{e}(\ln N)\right]=-\epsilon D_{a}(\ln N)
\end{aligned}
$$

- the symbol $\cong$ in expressions indicates that the two sides get to be equal to each other once projections to $\sigma=$ conts level surfaces, in the free indexes, have been performed
- Lemma 3: $\mathscr{L}_{n} K_{b}{ }^{d} \cong n^{e} \nabla_{e} K_{b}{ }^{d}+K_{e}{ }^{d}\left(\nabla_{b} n^{e}\right)-K_{b}{ }^{e}\left(\nabla_{e} n^{d}\right)$ as
$K_{e}{ }^{d}\left(\nabla_{b} n^{e}\right)-K_{b}{ }^{e}\left(\nabla_{e} n^{d}\right)=K_{e}{ }^{d}\left(K_{b}{ }^{e}+\epsilon n_{b} \dot{n}^{e}\right)-K_{b}{ }^{e}\left(K_{e}{ }^{d}+\epsilon n_{e} \dot{n}^{d}\right) \cong 0$
- Lemma 4: $n^{e} \nabla_{b} K_{e}{ }^{d}=\nabla_{b}\left(n^{e} K_{e}{ }^{d}\right)-\left(\nabla_{b} n^{e}\right) K_{e}{ }^{d} \cong-K_{b}{ }^{e} K_{e}{ }^{d}$


## The $3^{r d}$ relation: $h_{b}{ }^{e} h_{f}{ }^{d} n^{a} n^{c} R_{a e c}{ }^{f} \cong n^{a} n^{c} R_{a b c}{ }^{d}$

Examples: $h_{a}{ }^{b}=\delta_{a}{ }^{b}-\epsilon n_{a} n^{b}$
using $\nabla_{a} n^{b}=\delta_{a}{ }^{e} \nabla_{e} n^{b}=K_{a}{ }^{b}+\epsilon n_{a} \dot{n}^{b}$ and $\dot{n}_{a}=-\epsilon D_{a}(\ln N)$ we get

$$
\begin{aligned}
n^{a} n^{c} R_{a b c}{ }^{d}= & -n^{a}\left(\nabla_{a} \nabla_{b}-\nabla_{b} \nabla_{a}\right) n^{d} \\
= & -n^{a}\left\{\nabla_{a}\left[K_{b}{ }^{d}+\epsilon n_{b} \dot{n}^{d}\right]-\nabla_{b}\left[K_{b}{ }^{d}+\epsilon n_{b} \dot{n}^{d}\right]\right\} \\
= & -n^{a} \nabla_{a} K_{b}{ }^{d}-\epsilon \dot{n}_{b} \dot{n}^{d}+n^{a} \nabla_{b} K_{a}{ }^{d}+\epsilon\left(n^{a} \nabla_{b} n_{a}\right) \dot{n}^{d} \\
& -\epsilon n_{b}\left(n^{a} \nabla_{a} \dot{n}^{d}\right)+\epsilon^{2} \nabla_{b} \dot{n}^{d} \\
\cong & -\mathscr{L}_{n} K_{b}{ }^{d}-\epsilon D_{b}(\ln N) D^{d}(\ln N)-K_{b}{ }^{e} K_{e}{ }^{d}-\epsilon D_{b}\left(D^{d}(\ln N)\right) \\
= & -\mathscr{L}_{n} K_{b}{ }^{d}-K_{b}{ }^{e} K_{e}{ }^{d}-\epsilon N^{-1} D_{b} D^{d} N
\end{aligned}
$$

- The $3^{r d}$ relation:

$$
h_{b}{ }^{e} h_{f}{ }^{d} n^{a} n^{c} R_{a e c}{ }^{f}=-\mathscr{L}_{n} K_{b}{ }^{d}-K_{b}{ }^{e} K_{e}{ }^{d}-\epsilon N^{-1} D_{b} D^{d} N
$$

## Projections of the Ricci tensor: $n^{e} n^{f} R_{e f}, h_{a}{ }^{e} n^{f} R_{e f}, h_{a}{ }^{e} h_{b}{ }^{f} R_{e f}$

$h_{a}{ }^{e} n^{f} R_{e f}$ and $n^{e} n^{f} R_{e f}$

$$
\left(h_{a}{ }^{b}=\delta_{a}{ }^{b}-\epsilon n_{a} n^{b}\right)
$$

- $h_{a}{ }^{e} n^{f} R_{e f}=D_{h} K_{a}{ }^{h}-D_{a} K_{h}{ }^{h}$
has already been determined by the contracted Codazzi relation
- from the Gauss relation we get

$$
{ }^{(n)} R_{a c}={ }^{(n)} R_{a e c}^{e}=h_{a}^{f} h_{j}^{e} h_{c}{ }^{k} R_{f e k}{ }^{j}+\epsilon\left[K_{a c} K_{e}^{e}-K_{c e} K_{a}{ }^{e}\right]
$$

$$
{ }^{(n)} R={ }^{(n)} R_{a c} h^{a c}=h_{j}{ }^{e} h^{f k} R_{f e k}{ }^{j}+\epsilon\left[\left(K_{e}{ }^{e}\right)^{2}-K_{e f} K^{e f}\right]
$$

but

$$
h_{j}{ }^{e} h^{f k} R_{f e k}{ }^{j}=\left(g^{f k}-\epsilon n^{f} n^{k}\right)\left[R_{f k}-\epsilon n^{e} n^{j} R_{f e k j}\right]=R-2 \epsilon n^{f} n^{e} R_{f e}
$$

thereby

$$
n^{e} n^{f} R_{e f}=\frac{1}{2} \epsilon\left[\left(R-{ }^{(n)} R\right)+\epsilon\left\{\left(K_{e}^{e}\right)^{2}-K_{e f} K^{e f}\right\}\right]
$$

- Theorema Egregium of Gauss ("remarkable theorem")

$$
2 \epsilon n^{e} n^{f} G_{e f}-R(1-\epsilon)=-{ }^{(n)} R+\epsilon\left\{\left(K_{e}^{e}\right)^{2}-K_{e f} K^{e f}\right\}
$$

## Projections of the Ricci tensor: $n^{6} n^{f} R_{\text {ef }}, h_{a}{ }^{6} n^{f} R_{e f}, h_{a}{ }^{9} h_{s^{f}} R_{e f}$

$h_{a}{ }^{e} h_{b}{ }^{f} R_{e f} \quad\left[\Leftarrow\right.$ the contracted Gauss relation \& $3^{r d}$ relation]

$$
\begin{aligned}
h_{b}{ }^{e} h_{d}{ }^{f} R_{e f}= & h_{b}{ }^{e} h_{d}{ }^{f} g^{a c} R_{a e c f}=h_{b}{ }^{e} h_{d}{ }^{f} h^{a c} R_{a e c f}+\epsilon h_{b}{ }^{e} h_{d}{ }^{f} n^{a} n^{c} R_{a e c f} \\
= & \left\{\begin{array}{r}
\left.{ }^{(n)} R_{b d}-\epsilon\left[K_{b d} K_{e}{ }^{e}-K_{b e} K_{d}{ }^{e}\right]\right\} \\
\\
\\
\\
\quad+\epsilon\left\{-\mathscr{L}_{n} K_{b d}+K_{b}{ }^{e} K_{d e}-\epsilon N^{-1} D_{b} D_{d} N\right\} \\
=
\end{array}{ }^{(n)} R_{b d}+\epsilon\left\{-\mathscr{L}_{n} K_{b d}-K_{b d} K_{e}{ }^{e}+2 K_{b}^{e} K_{d e}-\epsilon N^{-1} D_{b} D_{d} N\right\}\right.
\end{aligned}
$$

- the contraction $h^{b d} h_{b}{ }^{e} h_{d}{ }^{f} R_{e f}$ yields

$$
\begin{aligned}
& R-\epsilon n^{e} n^{f} R_{e f} \\
& \quad={ }^{(n)} R+\epsilon\left\{-h^{b d} \mathscr{L}_{n} K_{b d}-\left(K_{e}^{e}\right)^{2}+2 K_{e f} K^{e f}-\epsilon N^{-1} D^{e} D_{e} N\right\}
\end{aligned}
$$

- thereby, using the previously derived expression $n^{e} n^{f} R_{e f}$, we get

$$
R={ }^{(n)} R+\epsilon\left\{-2 \mathscr{L}_{n}\left(K_{b d} h^{b d}\right)-\left(K_{e}^{e}\right)^{2}-K_{e f} K^{e f}-2 \epsilon N^{-1} D^{e} D_{e} N\right\}
$$

where

$$
h^{b d} \mathscr{L}_{n}\left(K_{b d}\right)=\mathscr{L}_{n}\left(K_{b d} h^{b d}\right)-K_{b d} \mathscr{L}_{n} h^{b d}=\mathscr{L}_{n}\left(K_{b d} h^{b d}\right)+2 K_{b d} K^{b d}
$$

That is all for now...

